

HISTORY & MEDICAL INFORMATION

Patient Name: _____ **Today's date:** _____

1. Explain your foot/ankle problem: Left Right _____

2. When did pain/discomfort begin (date): _____

Describe pain/discomfort: Burning Numbness Sharp Other _____

3. What makes the pain/discomfort better: _____

4. Have you had a physical trauma or an accident? No Yes _____

5. Occupation: _____ Is your problem work related? Yes No

6. Past Medical History:

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Gout | <input type="checkbox"/> Thyroid Disorders | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Heart failure | <input type="checkbox"/> Lung/Respiratory Disorders | <input type="checkbox"/> Other Arthritis |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes (A1C _____) | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Nerve Disorders | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Neurological Disorders | <input type="checkbox"/> Other _____ |
| | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Prostate Disorders | |

7. List all medications/herbs/vitamins with dosage and strength: None

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

8. Allergies (Describe Reaction):

- | | | |
|--|--|---|
| <input type="checkbox"/> Penicillin _____ | <input type="checkbox"/> Shellfish _____ | <input type="checkbox"/> Narcotic Agent/Codeine _____ |
| <input type="checkbox"/> Anesthesia _____ | <input type="checkbox"/> Aspirin _____ | <input type="checkbox"/> Sulfa Drugs _____ |
| <input type="checkbox"/> Nickel/Metal _____ | <input type="checkbox"/> Radiographic Contrast Dye _____ | <input type="checkbox"/> Cephalosporins _____ |
| <input type="checkbox"/> No Known Drug Allergies | | <input type="checkbox"/> Other _____ |

9. Are you currently pregnant? Yes No

10. Surgical History: Have you had surgery? No Yes-if yes, list below

Surgeries and Dates: _____

11: Social History: (Only check what is pertinent to you)

- | | | |
|---------------------------------------|--|--|
| <input type="checkbox"/> Tobacco Use | <input type="checkbox"/> Alcohol Use | <input type="checkbox"/> Exercise Habits _____ |
| <input type="checkbox"/> Caffeine Use | <input type="checkbox"/> Drug Use (recreational, IV) | |

12. Family History: (List relationship of family member(s) who have had these problems):

- | | | |
|---|---|---|
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Kidney Disease _____ |
| <input type="checkbox"/> Hypertension _____ | <input type="checkbox"/> Stroke _____ | <input type="checkbox"/> Mental Illness _____ |
| <input type="checkbox"/> Rheumatology _____ | <input type="checkbox"/> Bleeding Disorders _____ | <input type="checkbox"/> Cancer _____ |
| | | <input type="checkbox"/> Other _____ |

13. Height: _____ Weight: _____ Shoe Size: _____